



Register for
fall classes
at the QR
Code below!

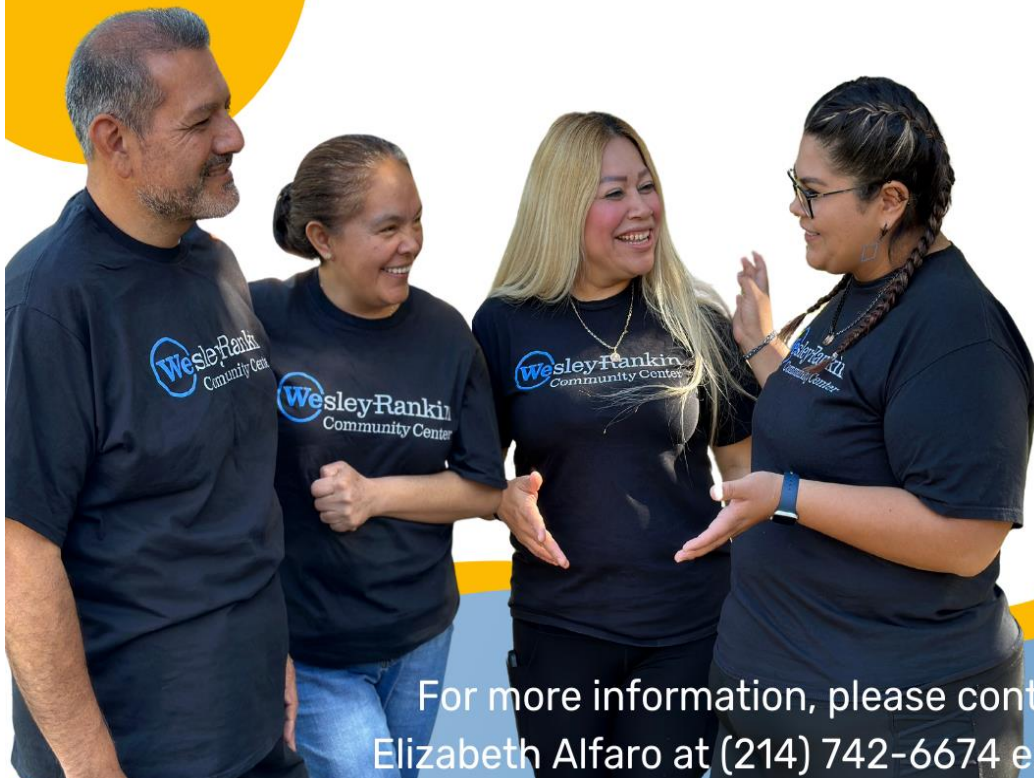
FALL 2024 ADULT ACADEMY

Want to earn monetary incentives for you or your family?

Register for any of our Adult Academy classes and attend 12, 24, or 36 hours of learning to qualify your children or yourself for our incentive program, Project Care.

CLASSES BEGIN SEPTEMBER 9

WESLEY-RANKIN COMMUNITY CENTER
3100 CROSSMAN AVE.
DALLAS, TX 75212



For more information, please contact:
Elizabeth Alfaro at (214) 742-6674 ext. 102





FALL 2024

ADULT ACADEMY

9-WEEK CLASS DESCRIPTIONS
CLASSES BEGIN SEPTEMBER 10, 2024

Intro to Housing

Friends of WRCC
Monday 9:30 AM - 11:00 AM

Renters and owners learn more about their rights, common code violations, and other important housing topics.

ESL (English as a Second Language)

Friends of WRCC
Monday and Thursday 6:00 PM - 7:30 PM

Learn language skills through speaking, listening, reading, and writing in English as a Second Language classes.

The Rojo Way

Rosa Es Rojo
Tuesday 9:30 AM - 11:00 AM

Health and wellness education designed to prevent chronic diseases,

Mental Health

Community Does It
Wednesday 9:30 AM - 11:00 AM

Information about children and adult mental health, available support resources, and prevention strategies.

Parents First

PPGT
Wednesday 6:00 PM - 7:30 PM

Empowering parents to examine their own values, attitudes and beliefs as the primary educator of their child.

Health and Nutrition

Parkland - Texas A&M AgriLife
Thursday 9:30 AM - 11:00 AM

Physical health & medical topics with nutrition lessons for preparing healthy and low-priced meals.

FIT

YMCA
Thursday 6:00 PM - 7:30 PM

Families learn together with physical activity and sessions on healthy habits and positive parenting styles.